

February 2018 University Laboratory Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Turkey Bacon Scrambled Eggs Brown Rice Fresh Melon	2 Fried Rice Scrambled Eggs Banana
5 No Students	6 Turkey Sausage Patty w/American Cheese WW Bun Orange	7 Turkey Bacon Scramble Eggs Brown Rice Peaches	8 Oatmeal Waffle Raisins	9 Fried Rice Scrambled Eggs Banana
12 No Students	13 Yogurt Bagel w/Cream Cheese Orange	14 Turkey Sausage Patty w/American Cheese WW Bun Fruit Cocktail	15 Cold Cereal Baked Tater Tots Peaches	16 Fried Rice Scrambled Eggs Banana
19 Presidents' Day	20 Oatmeal French Toast Raisins	21 Ham Scrambled Eggs Brown Rice Papaya	22 Chicken Sausage Patty Waffle Fresh Melon	23 Fried Rice Scrambled Eggs Banana
26 Portuguese Sausage Scrambled Eggs Brown Rice Apple	27 Ham Waffle Orange	28 Yogurt Bagel w/Cream Cheese Fruit Cocktail		

"This institution is an equal opportunity provider."

* Menu is subject to change without notice

* All meals include either 1% Milk or Skim Milk



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February 2018 University Laboratory Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Spaghetti w/Meat Sauce WW Rolls Toss Salad Apple or Orange	2 Teriyaki Burger Whole Wheat Bun Lettuce/Tomato/Corn Honeydew
5 No Students	6 Chicken Teri Meatball Brown Rice Toss Salad Fresh Pineapple	7 Fish Burger Whole Wheat Bun Lettuce/Tomato/Green Peas Watermelon	8 Ground Beef Stroganoff WW Spaghetti Noodles Romaine Salad Peaches	9 Pepperoni or Veggie Pizza Whole Wheat Crust Carrot Sticks Cantaloupe
12 No Students	13 Kalua Pork w/Cabbage Brown Rice Sweet Potato Pineapple	14 Grilled Cheese Whole Wheat Bread Edamame Banana	15 Spaghetti w/Meat Sauce WW Garlic Bread Steamed Broccoli Apple or Orange	16 Chicken Cheeseburger Whole Wheat Bun Corn Honeydew
19 Presidents' Day	20 Shoyu Chicken Brown Rice Steamed Carrots Fresh Pineapple	21 Tuna Burger Whole Wheat Bun Lettuce/Tomato/Corn Watermelon	22 Macaroni & Cheese WW Dinner Roll Toss Salad Peaches	23 Sausage or Cheese Pizza Whole Wheat Crust Edamame Cantaloupe
26 Chicken Strips Brown Rice Carrot Sticks Fruit Cocktail	27 Hamburger Steak w/Gravy Brown Rice Steamed Spinach Pineapple	28 Ham or Turkey & Cheese Sandwich on WW Bread Edamame Banana		

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