

# September Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Fried Rice Scrambled Eggs Banana
<b>4 No School</b>	5 Turkey Sausage Patty w/American Cheese English Muffin Orange	6 Turkey Bacon Scramble Eggs Brown Rice Peaches	7 Oatmeal Waffle Raisins	8 Fried Rice Scrambled Eggs Banana
11 Portuguese Sausage Scrambled Eggs Brown Rice Apple	12 Yogurt Bagel w/Cream Cheese Orange	13 Turkey Sausage Patty w/American Cheese English Muffin Fruit Cocktail	14 Cold Cereal Boiled Egg Baked Tater Tots Peaches	15 Fried Rice Scrambled Eggs Banana
<b>18 No Service</b>	19 Oatmeal Pancake Raisins	20 Ham Scrambled Eggs Brown Rice Papaya	21 Chicken Sausage Patty Waffle Fresh Melon	22 Fried Rice Scrambled Eggs Banana
25 Portuguese Sausage Scrambled Eggs Brown Rice Apple	26 Ham Pancake Orange	27 Yogurt Bagel w/Cream Cheese Orange	28 Turkey Sausage Patty w/American Cheese English Muffin Fresh Melon	29 Fried Rice Scrambled Eggs Banana

"This institution is an equal opportunity provider."

\* Menu is subject to change without notice

\* All meals include either 1% Milk or Skim Milk



# September Lunch Menu


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				<p>1 Teriyaki Burger Whole Wheat Bun Lettuce/Tomato/Corn Honeydew</p>
<p><b>4 No School</b></p>	<p>5 Chicken Teri Meatball Brown Rice Toss Salad Fresh Pineapple</p>	<p>6 Fish Burger Whole Wheat Bun Lettuce/Tomato/Green Peas Watermelon</p>	<p>7 Ground Beef Stroganoff WW Spaghetti Noodles Romaine Salad Peaches</p>	<p>8 Pepperoni or Veggie Pizza Whole Wheat Crust Carrot Sticks Cantaloupe</p>
<p>11 Chicken Nuggets Brown Rice Toss Salad Fruit Cocktail</p>	<p>12 Kalua Pig w/Cabbage Brown Rice Sweet Potato Pineapple</p>	<p>13 Grilled Cheese Whole Wheat Bread Edamame Banana</p>	<p>14 Spaghetti w/Meat Sauce WW Garlic Bread Steamed Broccoli Apple or Orange</p>	<p>15 Chicken Cheeseburger Whole Wheat Bun Corn Honeydew</p>
<p><b>18 No Service</b></p>	<p>19 Shoyu Chicken Brown Rice Steamed Carrots Fresh Pineapple</p>	<p>20 Tuna Burger Whole Wheat Bun Lettuce/Tomato/Corn Watermelon</p>	<p>21 Mac &amp; Cheese WW Dinner Roll Toss Salad Peaches</p>	<p>22 Sausage or Cheese Pizza Whole Wheat Crust Edamame Cantaloupe</p>
<p>25 Chicken Strips Brown Rice Carrot Sticks Fruit Cocktail</p>	<p>26 Hamburger Steak w/Gravy Brown Rice Steamed Spinach Pineapple</p>	<p>27 Grilled Ham or Turkey- &amp; Cheese Sandwich Whole Wheat Bread Edamame Banana</p>	<p>28 Spaghetti w/Meat Sauce WW Rolls Toss Salad Apple or Orange</p>	<p>29 Teriyaki Burger Whole Wheat Bun Lettuce/Tomato/Corn Honeydew</p>

"This institution is an equal opportunity provider."

\* Menu is subject to change without notice

\* All meals include either 1% Milk or Skim Milk

