

August 2017 University Laboratory School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 No School	2	3	4
7 Bacon Burger Whole Wheat Bun Edamame Pear	8 Chicken Teri Meatball Brown Rice Toss Salad Fresh Pineapple	9 Chicken Patty w/Gravy Brown Rice Green Peas Watermelon	10 Ground Beef Stroganoff WW Spaghetti Noodles Romaine Salad Peaches	11 Pepperoni or Veggie Pizza Whole Wheat Crust Carrot Sticks Cantaloupe
14 Chicken Nuggets Brown Rice Toss Salad Fruit Cocktail	15 Kalua Pig w/Cabbage Brown Rice Sweet Potato Pineapple	16 Grilled Cheese Whole Wheat Bread Edamame Banana	17 Spaghetti w/Meat Sauce WW Garlic Bread Steamed Broccoli Apple or Orange	18 No School
21 Cheeseburger Whole Wheat Bun Romaine Salad Pear	22 Shoyu Chicken Brown Rice Steamed Carrots Fresh Pineapple	23 Tuna Burger Whole Wheat Bun Lettuce/Tomato/Corn Watermelon	24 Mac & Cheese WW Dinner Roll Toss Salad Peaches	25 Sausage or Cheese Pizza Whole Wheat Crust Edamame Cantaloupe
28 Chicken Strips Brown Rice Carrot Sticks Fruit Cocktail	29 Hamburger Steak w/Gravy Brown Rice Steamed Spinach Pineapple	30 Grilled Ham or Turkey- & Cheese Sandwich Whole Wheat Bread Edamame Banana	31 Spaghetti w/Meat Sauce WW Rolls Toss Salad Apple or Orange	

"This institution is an equal opportunity provider."

* Menu is subject to change without notice

* All meals include either 1% Milk or Skim Milk

August 2017 University Laboratory School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 <i>No School</i>	2	3	4
7 Portuguese Sausage Scrambled Eggs Brown Rice Apple	8 Yogurt Bagel w/Cream Cheese Orange	9 Turkey Sausage Patty w/American Cheese English Muffin Fruit Cocktail	10 Cold Cereal Boiled Egg Baked Tater Tots Peaches	11 Fried Rice Scrambled Eggs Banana
14 Turkey Bacon Scrambled Eggs Brown Rice Apple	15 Oatmeal Pancake Raisins	16 Ham Scrambled Eggs Brown Rice Papaya	17 Chicken Sausage Patty Waffle Fresh Melon	18 <i>No School</i>
21 Portuguese Sausage Scrambled Eggs Brown Rice Apple	22 Ham Pancake Orange	23 Yogurt Bagel w/Cream Cheese Orange	24 Turkey Sausage Patty w/American Cheese English Muffin Fresh Melon	25 Fried Rice Scrambled Eggs Banana
28 Chicken Sausage Patty Waffle Apple	29 Cold Cereal Boiled Egg Baked Tater Tots Peaches	30 Ham French Toast Sticks Pineapple	31 Turkey Bacon Scrambled Eggs Brown Rice Fresh Melon	

"This institution is an equal opportunity provider."

* Menu is subject to change without notice

* All meals include either 1% Milk or Skim Milk