April 2017 UH Lab Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Portuguese Sausage Scrambled Egg Brown Rice Apple	4 Turkey Sausage Patty w/American Cheese English Muffin Orange	5 Turkey Bacon Scramble Egg Brown Rice Peaches	6 Oatmeal Waffle Raisins	7 Fried Rice Scramble Egg Banana
10 Portuguese Sausage Scrambled Egg Brown Rice Apple	11 Yogurt Bagel w/Cream Cheese Orange	12 Turkey Sausage Patty w/American Cheese English Muffin Fruit Cocktail	13 Cold Cereal Boiled Egg Baked Tater Tots Peaches	**14** ***Good Friday***
17 Turkey Bacon Scrambled Egg Brown Rice Apple	18 Oatmeal Pancake Raisins	19 Ham Scrambled Egg Brown Rice Papaya	20 Chicken Sausage Patty Waffle Fresh Melon	21 Fried Rice Scramble Egg Banana
24 Portuguese Sausage Scrambled Egg Brown Rice Apple	25 Ham Pancake Orange	26 Yogurt Bagel w/Cream Cheese Orange	27 Turkey Sausage Patty w/American Cheese English Muffin Fresh Melon	28 Fried Rice Scramble Egg Banana

"This institution is an equal opportunity provider."

* Menu is subject to change without notice

* All meals include either 1% Milk or Skim Milk

April 2017 UH Lab Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pepperoni Pizza Whole Wheat Crust Romaine Salad Pear	4 Chicken Teri Meat Ball Brown Rice Cole Slaw Fresh Watermelon	5 Cheese Quesadilla Riviera Blend Vegetables Banana	6 Spaghetti W.W. French Bread Toss Salad Fruit Cocktail	7 Mushroom Cheeseburger Whole Wheat Bun Edamame & Baby Carrots Apple
10 Chicken Nuggets Brown Rice Corn & Bell Pepper Fruit Cocktail	11 Kalua Pork & Cabbage Brown Rice Slice Apple	12 Turkey & Cheese Sandwich Whole Wheat Bread Toss Salad Mandarin Orange Chicken Soup	13 Turkey Tetrazzini- Alfredo Linguini Garlic Bread Spinach Salad Sliced Peaches	**14** ***Good Friday***
17 Cheese Pizza Whole Wheat Crust Toss Salad Fruit Cocktail	18 Chicken Long Rice Brown Rice Corn Cantaloupe/Honeydew	19 Teri Burger Whole Wheat Bun Edamame Tropical Fruit	20 Spaghetti W.W. French Bread Toss Salad Apple Sauce	21 Chicken Patty Burger Whole Wheat Bun Carrot Sticks & Spinach Banana
24 Shoyu Chicken Brown Rice Toss Salad Peach	25 Chili Dog Brown Rice Corn & Bell Pepper Apple Wedge	26 Soft Taco Romaine Salad Pear	27 Chicken Patty w/ Gravy Brown Rice Caribbean Blend Veg. Mandarin Orange	28 Fried Saimin Spinach & Edamame Orange

"This institution is an equal opportunity provider."

** Menu is subject to change without notice*

** All meals include either 1% Milk or Skim Milk*